**Victory Over Fear**

Father, when I am afraid, I will put my confidence in You. Yes, I will trust Your promises. And since I trust You, what can mere man do to me?  
You have not given me a spirit of timidity, but of power and love and discipline (sound judgment). Therefore I am not ashamed of the testimony of my Lord. I have not received a spirit of slavery leading to fear again, but I have received a spirit of adoption as a son, by which I cry out, “Abba! Father!”  
Jesus, You delivered me, who through fear of death had been living all my life as a slave to constant dread. I receive the gift You left to me—peace of mind and heart! And the peace You give isn’t fragile like the peace the world gives. I cast away troubled thoughts, and I choose not to be afraid. I believe in God; I believe also in You.  
Lord, You are my light and my salvation, You protect me from danger—whom shall I fear? When evil men come to destroy me, they will stumble and fall! Yes, though a mighty army marches against me, my heart shall know no fear! I am confident that You will save me.  
Thank You, Holy Spirit, for bringing these things to my remembrance when I am tempted to be afraid. I will trust in my God. In the name of Jesus, I pray.

**Scripture References:**  
    Psalm 56:3-5 TLB    Hebrews 2:15 TLB  
    2 Timothy 1:7-8 NAS    John 14:1,17 TLB  
    Romans 8:15 NAS    Psalm 27:1-3 TLB

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