**Victory Over Depression**

Father, You are my Refuge and my High Tower and my Stronghold in times of trouble. I lean on and confidently put my trust in You, for You have not forsaken me. I seek You on the authority of Your Word and the right of my necessity. I praise You, the Help of my countenance and my God.  
    Lord, You lift up those who are bowed down. Therefore, I am strong and my heart takes courage. I establish myself on righteousness — right standing in conformity with Your will and order. I am far even from the thought of oppression or destruction, for I fear not. I am far from terror, for it shall not come near me.  
    Father, You have thoughts and plans for my welfare and peace. My mind is stayed on You, for I stop allowing myself to be agitated and disturbed and intimidated and cowardly and unsettled.  
    In the name of Jesus, I loose my mind from wrong thought patterns. Itear down strongholds that have protected bad perceptions about myself. Isubmit to You, Father, and resist fear, discouragement, self-pity, and depression. Iwill not give place to the devil by harboring resentment and holding onto anger. I surround myself with songs and shouts of deliverance from depression, and I will continue to be an overcomer by the word of my testimony and the blood of the Lamb.  
    Father, I thank You that I have been given a spirit of power and of love and of a calm and well-balanced mind. I have discipline and self-control. I have the mind of Christ and hold the thoughts, feelings, and purposes of His heart. I have a fresh mental and spiritual attitude, for I am constantly renewed in the spirit of my mind with Your Word, Father.  
    Therefore, I brace up and reinvigorate and cut through and make firm and straight paths for my feet — safe and upright and happy paths that go in the right direction. I arise from the depression and prostration in which circumstances have kept me. I rise to new life; I shine and am radiant with the glory of the Lord.  
    Thank You, Father, in Jesus’ name, that I am set free from every evil work. I praise You that the joy of the Lord is my strength and stronghold! Hallelujah! Amen.

**Scripture References:**  
    Psalm 9:9,10 AMP    Ephesians 4:27  
    Psalm 42:5,11    Luke 4:18,19  
    Psalm 146:8    2 Timothy 1:7 AMP  
    Psalm 31:22-24 AMP    1 Corinthians 2:16 AMP  
    Isaiah 35:3,4    Philippians 2:5  
    Isaiah 54:14    Ephesians 4:23,24 AMP  
    Isaiah 50:10    Hebrews 12:12,13 AMP  
    Jeremiah 29:11-13 AMP    Isaiah 60:1 AMP  
    Isaiah 26:3    Galations 1:4  
    John 14:27 AMP    Nehemiah 8:10 AMP      
    James 4:7

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