**Resting in the Lord**

Jesus, I am weary and burdened, and I come to You, knowing that You will give me rest. I take Your yoke upon me and learn from You, for You are gentle and humble in heart, and I will find rest for my soul. Your yoke is easy, and Your burden is light.  
In the name of Jesus, I will praise You, my Lord, Who counsels me; even at night my heart instructs me. Lord, I have set You always before me. Because You are at my right hand, I will not be shaken. Therefore, my heart is glad and my tongue rejoices; my body also will rest secure, because You will not abandon me. You have made known to me the path of life; You fill me with joy in Your presence, with eternal pleasures at Your right hand.   
Lord God, my soul finds rest in You alone; my salvation comes from You. You alone are my Rock and my Salvation; because You are my Fortress, I will never be shaken. My soul finds rest in You alone; my hope comes from You. My salvation and my honor depend on You; You are my mighty Rock, my Refuge. I trust in You at all times; I pour out my heart to You, my God, because You are my Refuge.  
In repentance and rest is my salvation, in quietness and trust is my strength. My soul is at rest, O Lord, because You have been good to me. I dwell in the shelter of the Most High, resting in the shadow of the Almighty.  
In Jesus’ name. Amen.

**Scripture References:**  
    Matthew 11:28-30 niv    Isaiah 30:15 niv  
    Psalm 16:7-11 niv    Psalm 116:7 niv  
    Psalm 62:1,2,5,7,8 niv    Psalm 91:1 niv

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