

FREE CHAPEL

FAST

20 - SEVENTEEN

RETURN

TO

ME

01 / 08 / 17

FREECHAPEL.ORG

21 WAYS TO RETURN TO HIM

Fasting is one of the most powerful ways to return to God. As you fast, use the 21 topics and questions below to help focus your efforts. We believe as you ask for God's help in each of these areas, He will remove distractions that have built up over time and bring you closer to Him.

1 PRAY

What is the best time each day for you to connect with God?

2 READ THE BIBLE

Are you reading God's Word?

3 GO TO CHURCH

Is church part of your weekly schedule?

4 SURRENDER

Have you given God every part of your life?

5 REST UP

How can you get more rest?

6 BE POSITIVE

Are your thoughts and words uplifting?

7 UNPLUG

What distractions are keeping you from more important things?

8 GET HEALTHY

What healthy habits can you add to your life?

9 BREAK ADDICTIONS

What steps can you take to overcome the addictions that are holding you back?

10 FORGIVE

Is there someone you need to forgive?

11 CHOOSE THE RIGHT FRIENDS

Are the people around you inspiring you to grow closer to God?

12 FIND YOUR IDENTITY

Are you focusing on who God says you are?

13 FORGIVE YOURSELF

Are you still holding on to guilt and shame?

14 TRUST IN GOD

What have you been trying to handle on your own?

15 LIVE WITH PURPOSE

How can you be intentional in everything you do?

16 SHARE YOUR FAITH

How can you inspire people to live for Jesus?

17 GIVE

How can you be a blessing to others?

18 INVEST IN YOUR FAMILY

How can you build up your family?

19 MANAGE YOUR MONEY

How can you make smarter financial decisions?

20 WORSHIP

Are you honoring God with your life?

21 EXPECT THE EXTRAORDINARY

Are you putting limits on what God can do?